



Philadelphia Boys' Gymnastics
Spring 2018
A competitive program in the USA
Gymnastics Jr. Olympic Program
<www.philadelphiaboysgymnastics.org>



The primary purpose of this program is to provide Philadelphia-area youth with a quality training and competitive experience in boys' gymnastics, within the framework of the USA Gymnastics Boys' Jr. Olympic Structure. The secondary purpose is to support the Temple University Men's Gymnastics Team. Our facility is in the 4700 Wissahickon Avenue industrial complex (building L) in the Germantown section of Philadelphia. The parking lot entrance is either off Abbottsford Av South (entrance B) or Roberts Av (entrance A). You'll see a double green door entrance with our name and logo by it. Go through the green doors, walk up to the 2nd floor, pass through a second green door, pass Promgirl on the right, then pass through the next door into a long hall and see PBG on the right at the end of the hall.

Levels of instruction:

All levels currently offered in the USAG program for boys, ages 5 to 18, except Jr Elite. USAG allows competition in the following levels for the age-groups noted: Essential Elements Levels 1, 2 & 3 (intro & pre-team) for beginners 5-7; Level 4 (compulsory) – 6, 7-8, 9-10, 11 & over; Level 5 (compulsory) – 7-8, 9-10, 11 & over; Level 6 (compulsory) – 8-9, 10-11, 12 & over; Level 7 (compulsory) – 10-11, 12 & over; Level 8 (FIG modified optional) – 12, 13-14; Level 9 (FIG modified optional) – 13-14, 15-16; Level 10 (FIG modified optional) – 15-16, 17-18; Jr Developmental Program (modified optional) 12-14, 15-18; also - Trampoline classes.

	Training Schedule – Valid April 1 - June 15, 2018	Training fees
Level 1	Sun 2-2:55p or Mon or Wed or Fri 5:30-6:25p or 6:30-7:25p = 55 min/wk (can do 2+ days)	\$50/month; 2 nd day \$45/month
Level 2	Sun 2-2:55p or Mon or Wed or Fri 6:30-7:25p = 55 min/wk (can do 2+ days)	\$50/month; 2 nd day \$45/month
Level 3	Mon 6:30-8p & Fri 7:30-9p OR Sun 3-4:30p & Wed 6:30-8p = 3 hrs/wk	\$140/month
Level 4	Sun 3-5p; Wed 6:30-8:30p & Fri 7:30-9:30p = 6 hrs/wk	\$275/month
Levels 5, 6	Sun 2-5p; Wed & Fri 6:30-9:30p = 9 hrs/wk	\$310/month
Levels 7-10, JD	Sun 2-5p; Mon, Wed & Fri 6:30-9:30p = 12 hrs/wk	\$340/month
For Levels 5-JD	Extra training Sat, 3-6p	\$20/day or \$70/mo
Trampoline	Sun 2-2:25p (boys & girls)	\$50/month

In the case of two or more from one family, after the first child, each additional child will receive 10% off the training fee. The training fee is due the first of each month. A grace period of one week is in effect. If the fee is not received by that time, a \$10 late fee is charged per family. A **\$150** once-per-year **registration fee** (\$95 after Jan 1, \$50 after Mar 31) is due with the team application form. All students paying \$150 are registered with USA Gymnastics and receive some benefits.

Season calendar and activity costs (September-May):

The competition and activity calendar will be determined by the coaching staff prior to the start of each season. We enter a number of meets each season December-April and will send those who qualify to the various season-ending meets. Expenses for these meets and activities (travel, housing, food, entry fees, competition uniforms) will be covered by individual families and the Parents' Association (see below). **Note: These costs can total \$1000+ per season for each gymnast.**

PBG Team Parents' Association:

All families will be required to help with the **PBGTPA**. We conduct the **Philadelphia Boys' Invitational** each February/March which helps defer activity costs for individual families. The president will contact any new family to give necessary information.

For information, contact Fred Turoff at 215-204-7452 or <fturoff@temple.edu>.